

## Lodging (Military Lodges)

Dam Neck.....	437-8100
Fort Eustis (Billeting).....	878-5807
Fort Monroe (Billeting).....	788-2128
Langley AFB.....	764-4667
NAB Little Creek.....	464-6215
Naval Station Norfolk.....	489-2656
Navy Inn (Worldwide Reservations).....	1-800-628-9466
NWS Yorktown Lodging (Billeting).....	887-7621

## Medical Facilities and Information

### TRICARE North Region

#### Active Duty/Retirees/Family

Member Medical Appointments.....	1-866-645-4584
Behavioral Health Care/Info.....	1-877-747-9579
Boone Branch Clinic.....	953-8351
Branch Health Clinic Dam Neck.....	953-9914
Branch Health Clinic Northwest.....	421-8220
Branch Health Clinic Oceana.....	953-3933
Branch Health Clinic Sewells Point.....	953-9000
Branch Health Clinic Yorktown.....	953-8432
DEERS (DMDC Support Office).....	1-800-538-9552
Exceptional Family Member Program.....	953-7805

#### Health Benefits Advisors:

NAB Little Creek (Boone Clinic).....	953-8183/8185
NAS Oceana.....	953-3881/3883/3884
Naval Medical Center Portsmouth.....	953-2610/2611
Naval Station Norfolk (Sewell's Point).....	953-8708
Naval Weapons Station Yorktown.....	953-8441
Naval Medical Center Portsmouth Patient Info.....	953-5002
Sewell's Point Dental Clinic.....	953-8635
TRICARE Active Duty Family Member	
Dental Plan (United Concordia).....	1-800-866-8499
TRICARE Reserve Select (North Region).....	1-877-874-2273

## MWR (Morale, Welfare and Recreation/ITT Offices)

Fort Eustis.....	878-3694
Huntington Hall (MWR only/no ITT).....	688-7553
Langley AFB Ticket Office.....	764-7176
Langley AFB Community Center.....	764-2983
NAB Little Creek.....	462-7793/7665
NAS Oceana.....	433-3301
Naval Medical Center, Portsmouth.....	953-5439
Naval Station Norfolk.....	445-6663/6664
Naval Weapons Station Yorktown.....	887-4609
NSA Norfolk, Northwest Annex.....	421-8628

## Navy & Marine Corps Relief Society

Emergency After-hours Calls.....	444-NAVY
*Dam Neck.....	492-6494/6449
NAB Little Creek.....	462-1596
NAS Oceana.....	433-3383/3384
Naval Station Norfolk.....	322-1171/1182
Naval Medical Center Portsmouth.....	953-5956
*Naval Weapons Station Yorktown.....	887-4728
*NSA Norfolk, Northwest Annex.....	421-8350
Shipboard Office.....	322-1188

*\*Phone numbers subject to change.*

<b>Ombudsman Careline</b> .....	444-6288
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## Personal Property (Household Goods)

Peninsula Residents Only	
Langley AFB in-bound.....	764-2045
Langley AFB out-bound.....	764-7868
Fort Eustis.....	878-4664
Personal Property Helpline.....	1-800-444-7789
Personal Property Information (Navy).....	1-877-619-8596
Personal Property Shipping Office (Navy).....	443-3700
Incoming/Outgoing Automobile.....	465-1107

## Personnel Support Detachment/PSD

Dam Neck (CSD).....	492-6580
NAB Little Creek.....	462-8065
NAS Oceana.....	433-2184
Naval Station Norfolk Customer Service.....	445-5176/7116
Navy Exchange I.D. Card Issuing Office.....	444-8263
NSA Norfolk, Northwest Annex.....	Call Oceana's PSD
Naval Weapons Station Yorktown (Bldg. 1797) (I.D. cards only).....	887-7702/7706

## Red Cross

Emergency (Regional) Service Center.....	1-877-272-7337
Hampton Roads Chapter (Peninsula)/Disaster Services.....	838-7320
Langley AFB Military ARC.....	225-4060
Naval Station Norfolk (Language Bank Services).....	440-1111
Southeast Virginia Chapter (Norfolk).....	446-7700

## Other Military/Civilian Numbers

Airman & Family Readiness Center Langley AFB.....	764-3990
Armed Services YMCA.....	363-1884
Army Community Services Fort Eustis.....	878-3638
Army Community Services Fort Story.....	422-7311
Crisis Intervention & Referral 24-hour hotline.....	622-1126
Federal Info Service.....	1-800-333-4636
Military Pay Information (DFAS-CL).....	1-888-332-7411
Retired Activities Offices.....	322-9113/462-7563
Soldier and Family Support Center Fort Monroe.....	788-3878
USO/AMC Office (Norfolk).....	440-0939
USO Hampton Office.....	788-4984
USO NAB Little Creek.....	222-0472
USCG Worklife Center.....	1-800-872-4957

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# DIRECTORY OF MILITARY SERVICES

for Hampton Roads, Virginia



**FLEET &  
FAMILY  
SUPPORT  
CENTERS**  
MID-ATLANTIC REGION

[www.ffscnorva.navy.mil](http://www.ffscnorva.navy.mil)

All telephone numbers for Hampton Roads are in area code 757.

### Base Operator

Information for all Hampton Roads Naval Installations .....	444-0000
Fort Eustis/Fort Story .....	878-5251
Fort Monroe (Post Locator) .....	788-1110
Langley AFB .....	764-9990
NAB Little Creek Q.D. ....	462-7385
NAS Oceana Q.D. ....	433-2366/2367
Naval Medical Center, Portsmouth.....	953-5000
Naval Station Norfolk Q.D. ....	322-2365
Naval Weapons Station Yorktown & Cheatam Annex.....	887-4000
Newport News Shipyard.....	380-2000
NSA Norfolk, Northwest Annex Q.D. ....	421-8000

### Base Security (Dispatch Office)

Dam Neck.....	492-6302
NAB Little Creek.....	462-4444
Pass & Decal Office .....	462-4001
NAS Oceana .....	433-3103
Pass & Decal Office .....	433-3212/2858
Naval Medical Center Portsmouth .....	953-5224
Pass & Decal Office .....	953-6950
Naval Station Norfolk.....	322-2550
Pass & Decal Office .....	322-2976/2974
Naval Weapons Station Yorktown .....	887-4676
Pass & Decal Office .....	887-7338
Norfolk Naval Shipyard, Portsmouth.....	396-7266
Pass & Decal Office .....	396-7260
NSA Norfolk, Northwest Annex .....	421-8181
Pass & Decal Office .....	421-8123

### Chaplains' Centers

Operational Ministry & Spiritual Center Mid-Atlantic .....	444-7666
Coast Guard 5th District & Atlantic Area.....	483-8669
CREDO/Spiritual Fitness Center Norfolk .....	444-1091
Dam Neck.....	492-6602
NAB Little Creek.....	462-7427
NAS Oceana .....	433-2871
Naval Station Norfolk .....	444-7361
Naval Medical Center, Portsmouth.....	953-5550
Naval Weapons Station Yorktown .....	887-4711
Norfolk Naval Shipyard, Portsmouth .....	396-5021
NSA Norfolk, Northwest Annex .....	421-8204

### Child Development Centers

Fort Eustis .....	878-4025
Fort Monroe.....	788-5960
Fort Story.....	422-7693/7413
Navy Mid-Atlantic Child Development Resource Hotline .....	1-866-628-9232 (option 4)
Langley AFB .....	764-3585

### Child Development Homes

Fort Eustis .....	878-5584
Fort Monroe.....	788-2698
Fort Story.....	878-5584
Langley AFB .....	225-2609
Navy Mid-Atlantic Child Development Resource Hotline .....	1-866-628-9232 (option 2)

### Commissaries

Fort Eustis .....	878-5608
Langley AFB.....	764-7604/4194
NAB Little Creek.....	464-3561
NAS Oceana .....	428-6401/2931
Naval Station Norfolk.....	423-8286
Norfolk Naval Shipyard, Portsmouth .....	397-8878

### Department of Motor Vehicles (www.dmvnow.com)

Customer Service.....	1-800-435-5137
.....	1-866-368-5463

### Emergencies

Ambulance, Fire, and Police .....	911
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### Exchanges

Dam Neck.....	492-7789/7745
Fort Eustis .....	887-0293
Fort Monroe.....	722-0794
Fort Story (Mini Mall) .....	425-0001
Langley AFB .....	766-1282
NAB Little Creek.....	363-3218
NAS Oceana .....	425-4260/4261
Naval Station Norfolk.....	440-2200
Naval Medical Center, Portsmouth.....	397-5857/5858
Naval Weapons Station Yorktown .....	887-0690
Norfolk Naval Shipyard, Portsmouth .....	391-3400
NSA Norfolk, Northwest Annex .....	421-8254

### Fleet & Family Support Centers of Hampton Roads (FFSC)

FFSC Little Creek.....	462-7563
FAP Direct Line .....	462-7563
FFSC Newport News .....	688-NAVY

FFSC Norfolk.....	444-2102
FAP Center .....	444-2230
TAP Center.....	444-3522/6089
Airport Military Information Booth.....	444-3040
Naval Medical Center Portsmouth - FAP.....	953-7801
FFSC Northwest .....	421-8770
FFSC Oceana .....	433-2912
FAP Direct Line .....	433-2912
Dam Neck Annex - FAP.....	492-6342
FFSC Yorktown .....	887-4606
FAP Direct Line .....	887-4301
I&R 24-Hour Hotline (FFSC Norfolk):.....	444-NAVY/1-800-FSC-LINE
New Parent Support Program .....	462-7563

### Housing

Fort Eustis .....	369-8355
Fort Monroe.....	788-2129
Langley AFB.....	764-3050
Naval Station Norfolk.....	1-800-628-7510 or 445-2832
Naval Weapons Station Yorktown .....	1-800-704-5488/847-7805
Lincoln Military Housing .....	961-3783

### Information and Referral (Community)

Virginia 211 can be dialed from any land-line phone.....	211
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### Legal Assistance Services

Coast Guard (Norfolk).....	628-4192
Fort Eustis .....	878-3031 (option 222)
Fort Monroe (claims office).....	788-2157
Langley AFB.....	764-3277
NAB Little Creek.....	462-4759
NAS Oceana .....	433-2230
Naval Station Norfolk.....	444-5300